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101 Powerful Affirmations

To Help You Attract Everything You Desire!

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Affirmations for **Healthy Weight and Body Image**

- Today I love my body fully, deeply and joyfully.
- My body has its own wisdom and I trust that wisdom completely.
- My body is simply a projection of my beliefs about myself.
- I am growing more beautiful and luminous day by day.
- I choose to see the divine perfection in every cell of my body.
- As I love myself, I allow others to love me too.
- Flaws are transformed by love and acceptance.
- Today I choose to honor my beauty, my strength and my uniqueness.
- I love the way I feel when I take good care of myself.
- Today my own well-being is my top priority.

Affirmations for **Self-Confidence and **Self-Belief****

- Fear is only a feeling; it cannot hold me back.
- I know that I can master anything if I do it enough times.
- Today I am willing to fail in order to succeed.
- I believe that I have the strength to make my dreams come true.
- I'm going to relax and have fun with this, no matter what the outcome may be.
- I'm proud of myself for even daring to try; many people won't even do that!
- Today I put my full trust in my inner guidance.
- I grow in strength with every forward step I take.
- I release my hesitation and make room for victory!
- With a solid plan and a belief in myself, there's nothing I can't do.

Affirmations for **Abundance and Prosperity**

- I open to the flow of great abundance in all areas of my life.
- I always have more than enough of everything I need.
- Thank you, thank you, thank you, thank you!
- Today I expand my awareness of the abundance all around me.
- I allow the universe to bless me in surprising and joyful ways.
- My grateful heart is a magnet that attracts more of everything I desire.
- Prosperity surrounds me, prosperity fills me, prosperity flows to me and through me.
- I exude passion, purpose and prosperity.
- I am always led to the people who need what I have to offer.
- As my commitment to help others grows, so does my wealth.
- My day is filled with limitless potential in joy, abundance and love.

Affirmations for Life Purpose

- The better I know myself, the clearer my purpose becomes.
- My unique skills and talents can make a profound difference in the world.
- Today I follow my heart and discover my destiny.
- I am meant to do great things.
- I am limited only by my vision of what is possible.
- My purpose is to develop and share the best parts of myself with others.
- Today I present my love, passion, talent and joy as a gift to the world.
- I need not know the entire journey in order to take one step.
- I fulfill my life purpose by starting here, right now.
- My life purpose can be whatever I decide to make it.

Affirmations for Inner Peace

- All is well, right here, right now.
- Peace begins with a conscious choice.
- Today I embrace simplicity, peace and solace.
- A peaceful heart makes for a peaceful life.
- I trust the universe to deliver my highest good in every situation.
- By becoming peace, I create peace in every experience.
- I am filled with the light of love, peace and joy.
- Peace comes when I let go of trying to control every tiny detail.
- Where peace dwells, fear cannot.
- Today my mission is to surrender and release.

Affirmations for Opportunity

- Today I open my mind to the endless opportunities surrounding me.
- Opportunities are everywhere, if I choose to see them.
- I boldly act on great opportunities when I see them.
- My intuition leads me to the most lucrative opportunities.
- An opportunity is simply a possibility until I act on it.
- Some of the best opportunities are made, not found.
- Today I see each moment as a new opportunity to express my greatness.
- I expand my awareness of the hidden potential in each experience.
- Let each of my experiences today be a gateway to something even better.
- Each decision I make creates new opportunities.

Affirmations for Love

- I am ready for a healthy, loving relationship.
- All of my relationships are meaningful and fulfilling.
- As I share my love with others the universe mirrors love back to me.
- I see everyone I meet as a soul mate.
- I trust the universe to know the type of partner who is perfect for me.
- Today I release fear and open my heart to true love.
- I am grateful for the people in my life.
- I am the perfect partner for my perfect partner.
- I deserve a loving, healthy relationship.
- I deserve to be loved and I allow myself to be loved.

Affirmations for Healing

- I am strong and healthy.
- My energy and vitality are increasing every day.
- I open to the natural flow of wellness now.
- My inner guidance leads me to the right healing modalities for me.
- Abundant health and wellness are my birthright.
- Thank you for my strength, my health and my vitality.
- I am feeling stronger and better now.
- I love taking good care of myself.
- Today nurturing myself is my highest priority.
- Thank you for the opportunity to balance my mind, body and spirit.

Affirmations for Inner Clarity

- Today I awaken to my higher wisdom.
- My inner voice guides me in every moment.
- I am centered, calm and clear.
- I always know the right actions to achieve my goals.
- When I know where I'm going, getting there is a cinch!
- Today I am completely tuned in to my inner wisdom.
- Harmony is always a sign that I am balanced from within.
- Thank you for showing me the way to my dreams.
- I trust my feelings and insights.
- I am detached and open to divine guidance.

Affirmations for Self-Love

- I am filled with light, love and peace.
- I treat myself with kindness and respect.
- I don't have to be perfect; I just have to be me.
- I give myself permission to shine.
- I honor the best parts of myself and share them with others.
- I'm proud of all I have accomplished.
- Today I give myself permission to be greater than my fears.
- I love myself no matter what.
- I am my own best friend and cheerleader.
- Thank you for the qualities, traits and talents that make me so unique.